



**2021 Conditioning Camp
Cost \$150 per player
NIC for Goaltenders**

U9	U11	U13	U15	U18
Saturday September 4th 11:45am – 12:45pm at ARC WEST	Saturday September 4th 1:00pm – 2:00pm at ARC WEST	Friday September 3rd 8:30pm – 9:30pm at GARC	Thursday September 2nd 8:45pm – 9:45pm at MP SPRITE	Tuesday September 7th 8:00pm – 9:15pm at MP SPRITE
Sunday September 5 th 10:00am – 11:00am at ARC East	Sunday September 5th 5:30pm – 6:30pm at ARC WEST	Saturday September 4th 2:15pm – 3:15pm at ARC WEST	Monday September 6th 8:45pm – 9:45pm at GARC	Wednesday September 8th 8:30pm – 9:30pm at MP SPRITE
Monday September 6th 7:30pm – 8:30pm at GARC	Monday September 6th 6:15pm – 7:15pm at GARC	Sunday September 5th 6:45pm – 7:45pm at ARC WEST	Tuesday September 7th 9:00pm – 10:00pm at ARC WEST	Thursday September 9th 5:45pm – 6:45 pm at Shell
Friday September 10th 4:00pm – 5:00pm at MP Sprite	Thursday September 9th 7:45pm – 8:45pm at ARC WEST	Friday September 10th 7:15pm – 8:15pm at MP CHEV	Friday September 10th 6:00pm – 7:00 pm at Shell	Friday September 10th 8:30pm – 9:30pm at MP CHEVY